

St. John Vianney Church
Prince Frederick, MD 20678

HEALTH & WELLNESS MINISTRY

Mission Statement

Jesus, teacher and healer, gave us a mandate to love others as He does. Following His example of service and love, the Health and Wellness volunteers have a mission to promote wellness, health, and disease prevention of body, mind, and soul in our parish and community at little or no cost to those we serve.

How You Can Help

Included in this mission is an effort to leave open opportunities for our fellow parishioners to participate and volunteer. Join us on the 3rd weekend of the month after each Mass at the Festival Room blood pressure screening or come to the 10:00 a.m. Saturday volunteer meeting on the 1st Saturday of each month in the Vianney Room by the parish office. A medical background is welcomed, but not at all necessary. There is plenty to do and fresh talent and ideas are always welcomed.

For more information contact: (Coordinator) Dr. Joe Tiralla 410-535-2109